

**AUCKLAND REGIONAL PSYCHIATRIC REGISTRAR TRAINING**  
**Reimbursable Expenses and Texts**  
**(nationally agreed training expenses list, updated April 2019)**

*This list represents basic requirements. It is not intended to limit the scope of your reading in any way.*

*Refers to the most recent editions of any of the texts, but only one edition is reimbursed - i.e. if a trainee had an older edition reimbursed they cannot ask for a newer version as well, 5 years later. If a paperback version/edition is available, this is to be purchased instead of the more costly hardback. Amazon or Fishpond are good sources. Texts can be bought as e-books, like kindle editions, but only instead of, not as well as, the hardcopy version.*

NAME OF TEXT	Notes
<b>1(a) Companion to Psychiatric Studies</b> Edited by Eve Johnston, Stephen Lawrie and David Owens. Pub: Churchill Livingstone (well-recommended and more readable than the K&S "Synopsis")	Good initial (more manageable) text for 1 <sup>st</sup> years – either is fine
<b>1(b) Synopsis of Psychiatry</b> Kaplan & Sadock; Lippincott Williams & Wilkins Publishers	Good initial (more manageable) text for 1 <sup>st</sup> years – either is fine
<b>2(a) New Oxford Textbook of Psychiatry</b> Edited by: Michael G. Gelder, Juan Jose Lopez-Ibor, Nancy C. Andreasen Oxford University Press (Paperback)	Much more comprehensive texts for later in training – just get one or the other
<b>2(b) Comprehensive Textbook of Psychiatry (2 vols)</b> Kaplan & Sadock; Pub Lippincott Williams & Wilkins	Much more comprehensive texts for later in training – just get one or the other
<b>3(a) Psychiatric Interviewing and Assessment</b> Rob Poole and Robert Higgs, Pub. Cambridge	Essential assessment texts – suggest you get them both
<b>3(b) Psychiatric Interviewing: The Art of Understanding:</b> A Practical Guide for Psychiatrists, Psychologists, Counselors, Social Workers, Nurses, and Other Mental Health Professionals (with online video modules) by Shawn Christopher Shea MD (Pub Elsevier)	Essential assessment texts – suggest you get them both
<b>4(a) The Psychiatric Mental Status Examination</b> Paula T. Trzepacz & Robert W. Baker; Pub OUP	Both are good – this one's a bit more accessible for 1 <sup>st</sup> years. Suggest you get both at some point pre-exam
<b>4(b) Symptoms in the Mind: an Introduction to Descriptive Psychopathology</b> Andrew Sims (Pub W B Saunders)	Both are good – suggest you get both at some point pre-exam.
<b>5 Cognitive Assessment for Clinicians</b> JR Hodges, Oxford University Press	Essential assessment text
<b>6(a) Diagnostic &amp; Statistical Manual of Mental Disorders IV</b> [APA Press]	Essential diagnostic manual – IV is the version in current use
<b>6(b) Diagnostic &amp; Statistical Manual of Mental Disorders V</b> [APA Press]	Essential diagnostic manual – V (revision) will come into use in near future
<b>7 Management of Mental Disorders</b> Andrews, Dean, Genderson et al. [CreateSpace Independent Publishing Platform]	Essential text about management
<b>8(a) Lishman's Organic Psychiatry: A Textbook of Neuropsychiatry</b> By Anthony David, Simon Fleminger, Michael Kopelman, Simon Lovestone, [ Pub. Wiley-Blackwell]	Core organic psychiatry text – either of these is fine
<b>8(b) APA Textbook of Neuropsychiatry</b> [APA Press]	Core organic psychiatry text – either of these is fine
<b>9 An Introduction to the Psychotherapies</b> S Bloch – Oxford University Press	A good overview of the psychotherapies

<b>10 Long-Term Psychodynamic Psychotherapy: A Basic Text</b> Excellent “how to” explanatory book about actually doing psychotherapy) by Glen Gabbard, American Psychiatric Publishing, Inc.	This is vital to read before starting your long case with a patient ( <i>not currently on reimbursable list</i> )
<b>10(b) The Little Psychotherapy Book</b> (Allan G.Frankland) Pub. Oxford	Very useful basic text to grasp Object Relations for Cases ( <i>not currently on reimbursable list, but inexpensive</i> )
<b>11(a) Psychodynamic Psychiatry in Clinical Practice</b> (links psychological understandings to usual clinical work) Glen Gabbard, American Psychiatric Press	Excellent, and comprehensive.
<b>11(b) Oxford textbook of Psychotherapy</b> (G Gabbard, J Beck, J Holmes)	Core psychotherapy text
<b>11(c) Individual Psychotherapy and the Science of Psychodynamics</b> David H Malan	A more advanced text
<b>12(a) Cognitive Behavior Therapy for Psychiatric problems: A Practical Guide</b> - (Oxford Medical Publicatns) by Hawton, Salkovskis, Kirk & Clark	Core CBT text
<b>12(b) Cognitive Behavior Therapy: Basics and Beyond</b> by Judith S. Beck [Pub: Guilford Press]	Alternate core CBT text
<b>12(c) An Introduction to Cognitive Behaviour Therapy: Skills and Applications</b> , by Helen Kennerley, Joan Kirk, and David Westbrook. (Sage Publicatns)	Another good CBT text ( <i>not currently on reimbursable list</i> )
<b>13(a) Evidence-Based Mental Health Care</b> S Hatcher, R Butler, M Oakley-Browne. Pub Elsevier Ltd	This is commonly a weak area so get both texts if you can.
<b>13(b) Critical Appraisal for Psychiatrists</b> McIntosh, Rao and Lawrie (Publisher Elsevier Health Sciences)	
<b>14(a) Stahl's Essential Psychopharmacology: Neuroscientific Basis and Practical Applications</b> (Essential Psychopharmacology Series) by Stephen Stahl	Core psychopharmacology text
<b>14(b) Fundamentals of Psychopharmacology</b> By Brian E Leonard [Wiley]	Core psychopharmacology text
<b>15 The Maudsley Prescribing Guidelines</b> By Carol Paton and David Taylor and Shitij Kapur	Useful but currently not on the reimbursed list
<b>16(a) Psychiatric Ethics</b> Bloch S, Oxford University Press	Core ethics texts – either is fine
<b>16(b) In Two Minds: A Casebook of Psychiatric Ethics</b> by D Dickenson, W Fulford, KWM Fulford; OUP	As above
<b>17(a) Clinical Child Psychiatry</b> W M Klykylo, J Kay, D Rube, Pub John Wiley & Sons	Good core Child Psych text
<b>17(b) Rutter's Child and Adolescent Psychiatry</b> M. Rutter et al [Wiley-Blackwell; 5 <sup>th</sup> edition]	Classical Child Psych text
<b>17(c) Lewis's Child and Adolescent Psychiatry: A Comprehensive Textbook</b> M.Lewis [Lippincott Williams & Wilkins; 4th edition]	Another alternate core Child Psych text
<b>18 Practitioner's Guide to Psychoactive Drugs for Children and Adolescents</b> – JS Werry and MG Aman [Springer, 2nd Edition]	Practical child psychopharmacology
<b>19 Drugs &amp; Alcohol Abuse: a clinical guide to diagnosis and treatment</b> M A Schuckit - Published Plenum Medical Book Co.	Core Addictions Psych text
<b>20 Oxford Textbook of Old Age Psychiatry</b> Edited by Tom Dening and Alan Thomas, Pub. Oxford University Press	– core POA text

<b>21 Geriatric Consultation Liaison Psychiatry</b> P S Melding & B Draper [Oxford Univ Press]	Useful POA and C-L text
<b>22 The Electroconvulsive Therapy Workbook: Clinical Applications</b> Alan Weiss [Routledge]	Locally written ECT text
<b>23 Forensic Psychiatry: Clinical, Legal and Ethical Issues</b> John Gunn and Pamela Taylor [CRC Press]	Forensic psych text
<b>24 Clinical Manual of Psychosomatic Medicine: A Guide to Consultation-liaison Psychiatry</b> - Michael G. Wise, James R. Rundell Publisher: American Psychiatric Publishing Inc	Core C-L text

**Fees and Courses/Conferences** (Note that trainees qualifying as 'senior trainees' under the MECA are entitled to a larger conference allowance, making overseas conferences more feasible)

Fee/Course types	Details
College Training fees	<ul style="list-style-type: none"> <li>• RANZCP initial registration fee</li> <li>• RANZCP annual training fee</li> <li>• Recognition of Prior Learning fee</li> <li>• Application for Fellowship fee (if sent in while still a registrar)</li> </ul>
College Assessment fees	<ul style="list-style-type: none"> <li>• Psychotherapy Written Case History marking fee</li> <li>• MCQ written exam fee</li> <li>• Essay-style written exam fee</li> <li>• OSCE exam fee</li> <li>• Scholarly Project marking fee</li> <li>• Scholarly Project exemption fee</li> </ul>
CBT Training Course	<ul style="list-style-type: none"> <li>• Massey Univ. (Albany) CBT Training course</li> <li>• If a different CBT training programme - Director of Training to endorse</li> </ul>
Psychotherapy Supervision	<p><i>Locally agreed additional reimbursable expense not on the national list - arrange (if needed) by emailing Director of Training</i></p> <ul style="list-style-type: none"> <li>• Funding for some psychotherapy supervisors based in private practice has been agreed – see specific information re this on the Psychotherapy Training page of <a href="http://www.psychtraining.org">www.psychtraining.org</a></li> </ul>
Conferences and courses	<p>Annual NZ Branch RANZCP Conference in NZ</p> <ul style="list-style-type: none"> <li>• RANZCP Annual Congress in Australia or NZ</li> <li>• Exam prep courses (for College exams) such as: 'Cruise Through the Fellowship' (CTF), <a href="http://www.Prepare4RANZCP.com">www.Prepare4RANZCP.com</a> or the Auckland Critical Appraisal Workshop (via Gary Cheung)</li> </ul>
Advanced Trainees	<ul style="list-style-type: none"> <li>• Advanced Trainee Forum - Wellington (needed once during the 2 years of Stage 3 training)</li> <li>• RANZCP Faculty of Child &amp; Adolescent Psychiatry annual conference</li> <li>• NZ CAMHS Conference</li> <li>• Annual Forensic Psychiatry College conference</li> <li>• Annual Psychiatry of Old Age College conference</li> <li>• Annual Consultation-Liaison College conference</li> <li>• Annual Adult Psychiatry College conference (Director of Training to endorse)</li> <li>• Annual College Psychotherapy Section conference</li> <li>• Annual Addiction Psychiatry conference (Director of Training to endorse)</li> <li>• Other Conference/Course for ATs felt to be mandatory by Director of Advanced Training (Director of Training to endorse)</li> <li>• Postgraduate (Advanced) Certificate Course in Psychoanalytic Psychotherapy</li> <li>• Postgrad Certificate in Health Sciences (relevant to AT training)</li> </ul>