

**What trainees are likely to be grappling with in each FTE year of their training:**

	Stage 1	Stage 2		Stage 3		Extra time: pre-arranged or a 'Targeted Learning' 6 <sup>th</sup> year
	1 <sup>st</sup> year	2 <sup>nd</sup> year	3 <sup>rd</sup> year	4 <sup>th</sup> year	5 <sup>th</sup> year	(6 <sup>th</sup> year)
<b>General issues in this stage</b>	Learning how to be a psych registrar – core clinical skills, coping with on-call work, basic Adult Psychiatry, getting to grips with the Workplace-Based Assessments and EPAs.	Breadth of experience. Loads of training tasks (lots of EPAs & WBAs, doing some psychotherapy cases, learning about ECT, etc.). Building on the core clinical skills of 1st year. Coping with subspecialty runs like Child & Adolescent (CAP), Liaison psychiatry (CL), Old Age psychiatry (POA), maybe Forensics.		Exams exams exams. And the Case.  Subspecialty Certificate training (if wanted).	Getting used to almost being a consultant, and polishing skills ready for this role.  Subspecialty Certificate training (if wanted).	Remedial or extra time, where needed.
<b>General training tasks</b>	Both the 6 FTE month Adult Psych runs of 1 <sup>st</sup> year must be passed (2 x end of run forms needed – ITAs). In each run must do min. one 2 hour OCA (a 50 min. interview with patient then present, discuss, feedback). 2 Entrustable Professional Activities are needed to pass each 6 FTE month run (EPAs). * Each EPA is supported by 3 Workplace-Based Assessments (WBAs). 2-3 Stage 2 EPAs are often done in ST1 to lighten the ST2 load.  * This is a general rule but the initial Stage 1 run can be passed even with no EPAs.	Both of the 6 FTE month runs of 2 <sup>nd</sup> year must be passed (2 x end of run forms needed – ITAs). As for 1st year – pass 2 runs, do min. 2 OCAs, complete 2 EPAs per run with 3 WBAs supporting each EPA. Several other General, Addictions & Psychotherapy EPAs also need to be done – so 3-4 EPAs per run are needed in 2 <sup>nd</sup> year. The 2 runs will either be: Adult/Forensic, POA, CL, or CAP.	Both of the 6 FTE month runs of 3 <sup>rd</sup> year must be passed (2 x end of run forms needed – ITAs). As for the other years – pass 2 runs, do min. 2 OCAs, complete 2 EPAs per run with 3 WBAs supporting each EPA.  The 2 runs will be the other 2 of the four run types of Stage 2 – either CL, CAP, POA, or Adult/Forensic.  As in 2 <sup>nd</sup> year 3-4 EPAs per run are needed in 3 <sup>rd</sup> yr, to finish all the EPAs of ST2.	Both of the 6 FTE month runs of 4 <sup>th</sup> year must be passed (2 x end of run forms needed – ITAs). As for the other years – pass 2 runs, do min. 2 OCAs, complete 2 EPAs per run with 3 WBAs supporting each EPA. The 2 runs can be in any Area of Practice (AOP), or if a Certificate subspecialty program is also undertaken, the runs will be in that subspecialty AOP. 3 brief psychotherapy cases must be done across ST3.	Both of the 6 FTE month runs of 4 <sup>th</sup> year must be passed (2 x end of run forms needed – ITAs). As for the other years – pass 2 runs, do min. 2 OCAs, complete 2 EPAs per run with 3 WBAs supporting each EPA.  As in 4 <sup>th</sup> year, a Certificate subspecialty program may be continued or commenced. 3 brief psychotherapy cases must be done across ST3, and a Leadership & Management course (run annually in Wellington).	If 5 years of runs have been passed, it may not be necessary to continue accruing time (with EPAs and WBAs), for Fellowship. But for those in a 2-year subspecialty Certificate program, it might be necessary to continue as a registrar if the Cert. had been commenced after the start of 4 <sup>th</sup> year. Also, if remediation (Targeted Learning) for slow progress or assessment failure were needed, there might not be support from the program in a break in training.
<b>Major college assessments</b>		Should ideally locate a patient and supervisor for the long psychodynamic therapy case, and start therapy in 2 <sup>nd</sup> year.  Also a good idea to develop a Scholarly Project proposal and start working on it.	Continue the long psychotherapy case and Scholarly Project – or start these if not commenced in 2 <sup>nd</sup> year.  The <b>MCQ written exam</b> is usually sat either at the Feb or Aug sitting in 3 <sup>rd</sup> year.  (Can't do a subspecialty Certificate in Stage 3 unless the MCQ has been passed.)	"Exam year" – the <b>Essay Written exam</b> and the <b>OSCE</b> are almost always sat in 4 <sup>th</sup> year (sometimes but not always done close together, e.g. Feb+April or Aug+Sept).  The <b>Psychotherapy Written Case History</b> is also usually written up and submitted in 4 <sup>th</sup> year.	The <b>Scholarly Project</b> write up and submission is often being left to 5 <sup>th</sup> year, although ideally it's better done sooner.  Need to write up and submit the Psychotherapy Written Case History if not already passed that in 4 <sup>th</sup> year. May also be necessary to re-sit any exams not yet passed.	The remaining College exams, Psychotherapy Case or Scholarly Project will be done in this time if not previously achieved.  (If >6 years is needed, a more complex "show cause" process is required, via the Committee for Training.)