

Stage 3 Planning and Preparation in the Auckland Region

Automatic graduation into Stage 3 - **you don't have to "apply for Advanced Training"**

What are the Stage 3 requirements for "generalist" Stage 3 trainees?

- Pass all 4 ST3 runs
- 1 OCA per run unless passed the OCI already
- 3 psychotherapy cases, any modality, min. 6 sessions each (with a form sent in for each case – the Stage 3 Psychotherapy Case Record form)
- Leadership and Management Training
(the annual Wellington AT Forum in Nov – *plan to do it end of 4th year*)
- 2 appropriate Stage 3 EPAs per run (see 'A Guide to Planning EPAs' for details)
 - Area of Practice-specific
 - 'FELL' ones in any run *where they're feasible*

You do have to apply for any of the Certificate Programmes

- Read about that programme on the College website
- See if they have info there about any documents needed
- If it's a bottleneck training area (i.e. there are few local runs and/or subspecialty type is required for all ST2 trainees) email Director of Training to discuss
- Who do you apply to? (or email for a preliminary discussion). **And make contact with Felicity early if it'll be a bottleneck run and getting the right allocation will be crucial.**
 - Adult – Felicity (NZ DOAT)
 - Addictions – Felicity initially (and John Berks – NZ DOAT is in Wellington)
 - Child/adolescent – Mirsad Begic (North Is DOAT)
 - Consultation-Liaison – Felicity initially (NZ DOAT is in Christchurch)
 - Forensics – Himadri Seth (local DOAT) & Krishna Pillai (NZ DOAT)
 - Psychiatry of Old Age – Paul Jones (North Is DOAT)
 - Psychotherapies – Chris Bampton (North Is DOAT) and Felicity
- Gather the necessary documentation – what do you need?
 - Will depend a bit on the programme
 - Less is needed for Adult as Felicity knows you all (so no CV needed, no workplace performance report needed, no referees needed). Ask Felicity for the papers to fill in (it's mainly a planning process)
 - For all the others you need it all – e.g. letter about why you want to do this, updated CV, workplace performance report (get from Felicity), list of 3 referees and their contact details. Rest depends on what the DOAT says they want.
- Arrange the right type of run in the allocations process (if possible)

What if you can't finish a Certificate Programme within the two ST3 years?

Arrange your initial SMO post(s) to allow for the training requirements (e.g. 1:1 supervision weekly, psychotherapy time, etc.) Get this approved by your DOAT. Often need to get an interim post for CAP until fully qualified (e.g. a MOSS post).