



**THE ROYAL AUSTRALIAN AND NEW ZEALAND  
COLLEGE OF PSYCHIATRISTS**

# **MOCK WRITTENS ESSAY PAPER 2018**

**(Produced by the New Zealand Training Programmes)**

**CANDIDATE'S NAME:**

**DATE:**

**DIRECTIONS:**

**Please use a black or blue ball-point pen. Write your responses in the following pages. Write on the lined pages only. Answers written on blank pages will not be marked.**

**Your answer is to be contained within the lines applicable to that question or on the supplementary sheets provided.**

**You can request additional spare pages from the invigilator if needed. Write your name on the top of any extra page, and the question and sub-question number, and interleave the page into the booklet at the appropriate place.**

**Do not use the scrap paper provided to add any additional pages – always ask the invigilator for additional pages.**















# **MODIFIED ESSAY QUESTIONS**

## **DIRECTIONS:**

**Please use a black or blue ball-point pen. Write your responses in the following pages. Write on the lined pages only. Answers written on blank pages will not be marked.**

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**Modified Essay Question 2 contd.**

**Each question in this MEQ will be marked by a different examiner. The examiner marking one question will not have access to your answers to the other questions. Please answer each question fully and separately.**

(repeated from Q.2.1)

You are a consultant psychiatrist in a community service, asked by a GP to assess Mrs Smith who is an 85 year old widow living alone in a rented house. The GP describes her as “not coping”. When you arrive at her home you see that her house is cluttered and dirty, with rotting food, cat faeces on the kitchen floor and piles of accumulated rubbish. Mrs Smith welcomes you in for the assessment.

**Question 2.2 (8 marks)**

**Outline (list and elaborate) the specific risks that Mrs Smith may be facing in her current environment and how you would assess them.**

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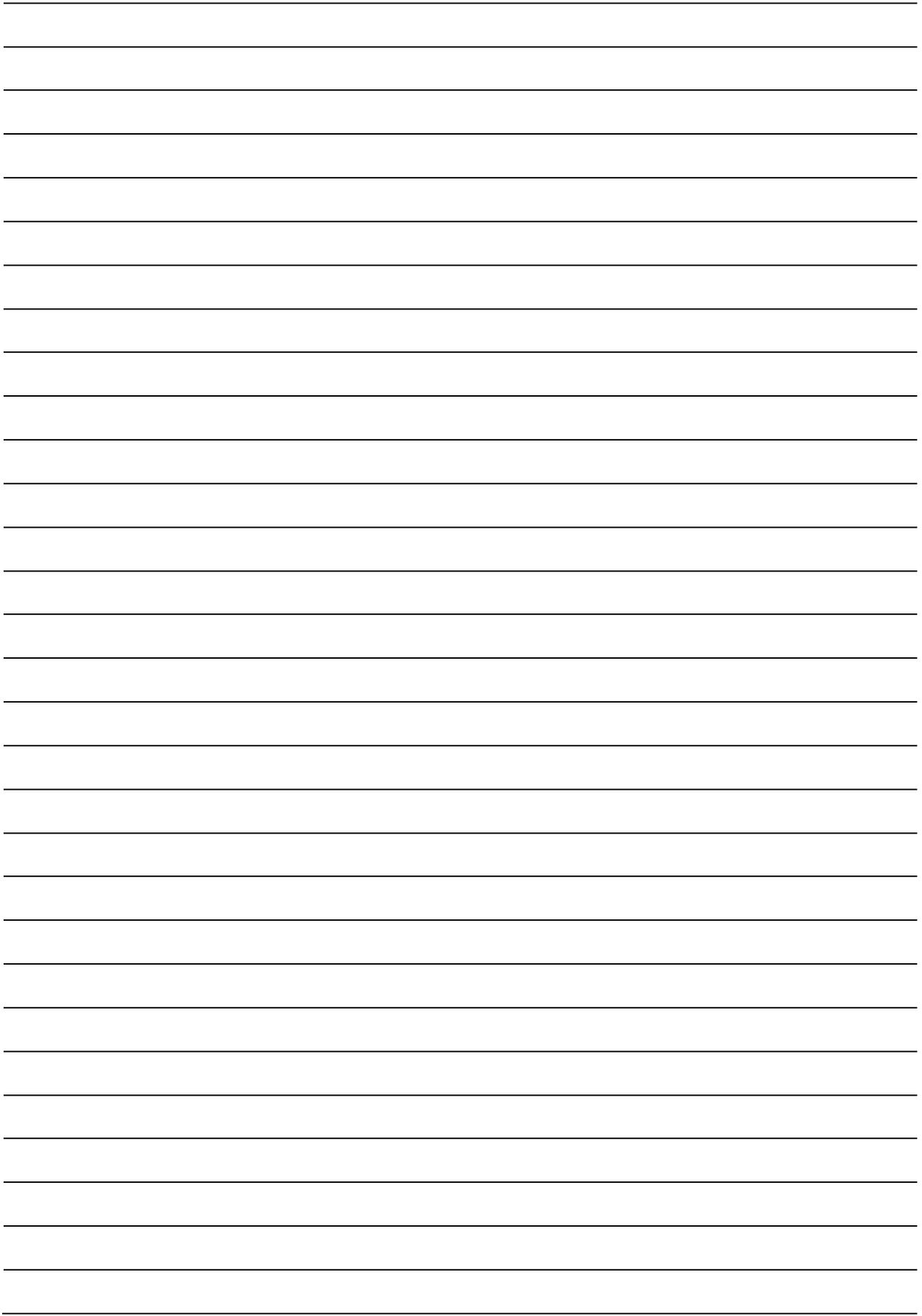


























## **MODIFIED ESSAY QUESTION 6 (25 marks)**

**Each question in this MEQ will be marked by a different examiner. The examiner marking one question will not have access to your answers to the other questions. Please answer each question fully and separately.**

You are a consultant psychiatrist at a Community Mental Health Team (CMHT). Jeffrey, an indigenous 48 year old man with a long history of paranoid schizophrenia, is under your care at the CMHT, and under a Compulsory Treatment Order. He has been maintained on a traditional antipsychotic depot for several years. He has a history of co-morbid alcohol and cannabis use but rarely presents to local Mental Health Services or to the police. He attends the CMHT regularly to get his depot. He is often homeless but sometimes stays at a cheap boarding house for a while, or else at the homeless shelter. His support network includes the homeless shelter, a local soup kitchen and various other NGO supports such as a local drop-in centre.

Jeffrey has been estranged from his family for some time, but his sister, Claire, recently moved back to the area and has requested a meeting with you. Jeffrey has agreed for you to do this to “get her off my back, but I don’t want her meddling with my business”.

### **Question 6.1 (7 marks)**

**Outline (list and elaborate) the topics you wish to address with Claire.**

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