

# EPA PLANNER ACROSS TRAINING

(part-timers – adjust the numbers as appropriate)

Trainee Name:
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## STAGE 1

EPAs in 1<sup>st</sup> run **Aim to complete min. 2 EPAs**

EPAs in 2<sup>nd</sup> run **MIN. 2 ARE REQUIRED PER RUN**

1-2 Mandatory ST1 EPAs? (circle: Psychoeducation Antipsychotics)	1-2 Mandatory ST1 EPAs? (circle: Psychoeducation Antipsychotics)
ST2 EPA? (note the name)	ST2 EPA?
ST2 EPA?	ST2 EPA?

**Notes about Plan:** (the Director of Training automatically gives permission for you to do any Addictions ST2 EPA in ST1 if you want to and the run's suitable. The Intoxication/Withdrawal one's often easier done in a CL run though. You can pass the very 1st run without doing 2 EPAs – but let the Director of Training know if that's going to happen.)

## STAGE 2

EPAs in 1<sup>st</sup> run **MIN. 2 ARE REQUIRED PER RUN**

EPAs in 2<sup>nd</sup> run **MIN. 2 ARE REQUIRED PER RUN**

2 Run-specific EPAs (circle the relevant option) Child C-L Old Age Adult Forensic Maori MH	2 Run-specific EPAs (circle the relevant option) Child C-L Old Age Adult Forensic Maori MH
General EPAs (1 or 2 needed) Options: Mental Health Act, ECT, Risk, Cultural Diversity, Addictions Comorbidity, Addictions Intox + Wdrawal, Therapeutic Alliance, Supportive Psychotherapy, CBT )	General EPAs (1 or 2 needed) Options: Mental Health Act, ECT, Risk, Cultural Diversity, Addictions Comorbidity, Addictions Intox + Wdrawal, Therapeutic Alliance, Supportive Psychotherapy, CBT )

**Notes about Plan:** (NB: one Psychotherapy EPA can be left to Stage 3. You can pass a Stage 2 run with only 2 EPAs, but to complete Stage 2 in two years you need to do 3-4 EPAs per run.)

EPAs in 3<sup>rd</sup> run **MIN. 2 ARE REQUIRED PER RUN**

EPAs in 4<sup>th</sup> run **MIN. 2 ARE REQUIRED PER RUN**

Run-specific EPAs (2) (circle the relevant option) Child C-L Old Age Adult Forensic Maori MH	Run-specific EPAs (2) (circle the relevant option) Child C-L Old Age Adult Forensic Maori MH
General EPAs (1 or 2 needed) Options: Mental Health Act, ECT, Risk, Cultural Diversity, Addictions Comorbidity, Addictions Intox + Wdrawal, Therapeutic Alliance, Supportive Psychotherapy, CBT )	General EPAs (1 or 2 needed) Options: Mental Health Act, ECT, Risk, Cultural Diversity, Addictions Comorbidity, Addictions Intox + Wdrawal, Therapeutic Alliance, Supportive Psychotherapy, CBT )

**Notes about Plan:** (NB: one Psychotherapy EPA can be left to Stage 3. You can pass a Stage 2 run with only 2 EPAs, but to complete Stage 2 in two years you need to do 3-4 EPAs per run.)

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Trainee Name:

Plan for general Psychotherapy requirements in ST3 – in which runs you think you may be able to complete the three required cases (not Certificate cases, just for Fellowship)  $\pm$  the remaining ST2 Psychotherapy EPA

The ST2 Psychotherapy EPA deferred to ST3 (if any) is:

## EPAs in 1<sup>st</sup> run **ONLY 2 ARE REQUIRED PER RUN**

### Run Name:

List 2 ST3 EPAs using the College codenames. Make sure to select EPAs correct for that Area Of Practice, and for a Certificate programme if enrolled in one, or to select ST3 'FELL' EPAs.

Any additional EPA? (e.g. the psychotherapy one from ST2 or Leadership & Management Admin EPAs\*, etc.)

## EPAs in 2<sup>nd</sup> run **ONLY 2 ARE REQUIRED PER RUN**

### Run Name:

List 2 ST3 EPAs using the College codenames. Make sure to select EPAs correct for that Area Of Practice, and for a Certificate programme if enrolled in one, or to select ST3 'FELL' EPAs.

Any additional EPA? (e.g. the psychotherapy one from ST2 or Leadership & Management Admin EPAs\*, etc.)

\*use of 2 Admin EPAs instead of attending the annual Wellington L&M Forum in November is not permitted as a way to meet the L&M requirement, in NZ. Specific permission to use this option has to be obtained from the Director of Training, only if attendance at the Forum is for some reason impossible.

**Notes about Plan: Certificate trainees - remember to cover all EPAs mandatory for the Cert. programme, across the 2 years**

## EPAs in 3<sup>rd</sup> run **ONLY 2 ARE REQUIRED PER RUN**

### Run Name:

List 2 ST3 EPAs using the College codenames. Make sure to select EPAs correct for that Area Of Practice, and for a Certificate programme if enrolled in one, or to select ST3 'FELL' EPAs.

Any additional EPA? (e.g. the psychotherapy one from ST2 or Leadership & Management Admin EPAs\*, etc.)

## EPAs in 4<sup>th</sup> run **ONLY 2 ARE REQUIRED PER RUN**

### Run Name:

List 2 ST3 EPAs using the College codenames. Make sure to select EPAs correct for that Area Of Practice, and for a Certificate programme if enrolled in one, or to select ST3 'FELL' EPAs.

Any additional EPA? (e.g. the psychotherapy one from ST2 or Leadership & Management Admin EPAs\*, etc.)

\*use of 2 Admin EPAs instead of attending the annual Wellington L&M Forum in November is not permitted as a way to meet the L&M requirement, in NZ. Specific permission to use this option has to be obtained from the Director of Training, only if attendance at the Forum is for some reason impossible.

**Notes about Plan: Certificate trainees - remember to cover all EPAs mandatory for the Cert. programme, across the 2 years**